



- Fully Accredited Public State University – 150 years old
- Predominately Minority Institution
- Five Colleges:
Arts & Sciences, Education, Business, Health Sciences, and Pharmacy
- 37 undergraduate programs and 30 graduate/professional programs including Ed.D. and Pharm.D.
- Student population = 3520 students
primarily non-traditional students; approximately 500 faculty and staff

AHA Check.Change.Control.™ at Chicago State University

College of Health Sciences and College of Pharmacy



Promote a healthy campus

Create opportunity of interprofessional education

Five faculty led teams of 10 students

Goal: 500 participants

Check. Change. Control.

High blood pressure can happen at *any* age.

1 out of every 3 adults over age 20
- **have high blood pressure.**

Knowing *your* numbers is a key to
a **longer, healthier life.**



- **Track** your blood pressure, cholesterol & more
- **Improve** your heart health
- **Enjoy** your best life

Join a CSU Check. Change. Control. team today at

cctracker.com

facebook.com/chicagostateuniversity



Check. Change. Control.™

CHICAGO STATE
UNIVERSITY

Facebook.com/AHChicago | [@HeartChicago](https://twitter.com/HeartChicago) | [#HeartChicago](https://hashtag/HeartChicago)

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Challenges

- Short period for implementation based on academic calendar
- Professional silos
- Consistency of participation among disciplines
- Marketing strategies



Successes

- Administrative support
- Structural process for implementation
- Raised conscious regarding blood pressure
- 180 participants





Plans for the Future

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- Continue the *Check.Change.Control.™* program for 2017
- Faculty education on Interprofessional Education facilitation
- Imbed into course requirements to improve student-facilitator participation
- Building-based screenings
- South Side Community screenings

